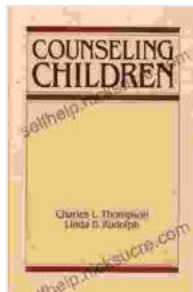


Counseling Children: A Comprehensive Guide for Parents and Caregivers by Charles Thompson

Counseling Children: A Comprehensive Guide for Parents and Caregivers by Charles Thompson is an essential resource for anyone who works with children. This book provides expert advice on how to help children cope with a wide range of challenges, from anxiety and depression to grief and trauma. Thompson's approach is compassionate and evidence-based, and he offers practical tips and strategies that can be used in any setting.



Counseling Children by Charles L. Thompson

★★★★☆ 4.7 out of 5

Language : English

File size : 37496 KB

Screen Reader : Supported

Print length : 768 pages



Chapter 1: The Basics of Child Counseling

In this chapter, Thompson provides an overview of the basics of child counseling. He discusses the different types of child counseling, the benefits of counseling, and the role of the counselor. He also offers tips on how to find a qualified child counselor.

Chapter 2: Anxiety Disorders in Children

Anxiety disorders are one of the most common mental health problems in children. In this chapter, Thompson discusses the different types of anxiety disorders, the symptoms of anxiety disorders, and the treatment options for anxiety disorders.

Chapter 3: Depression in Children

Depression is another common mental health problem in children. In this chapter, Thompson discusses the different types of depression, the symptoms of depression, and the treatment options for depression.

Chapter 4: Grief and Trauma in Children

Grief and trauma are two significant life events that can have a profound impact on children. In this chapter, Thompson discusses the different types of grief and trauma, the symptoms of grief and trauma, and the treatment options for grief and trauma.

Chapter 5: Other Common Mental Health Problems in Children

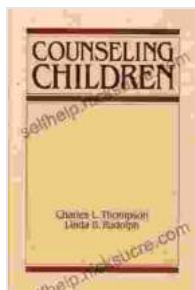
In this chapter, Thompson discusses other common mental health problems in children, such as attention-deficit/hyperactivity disorder (ADHD), obsessive-compulsive disorder (OCD), and eating disorders.

Chapter 6: How to Help Your Child Get the Most Out of Counseling

In this chapter, Thompson provides tips on how to help your child get the most out of counseling. He discusses the importance of creating a supportive environment, setting realistic expectations, and being patient.

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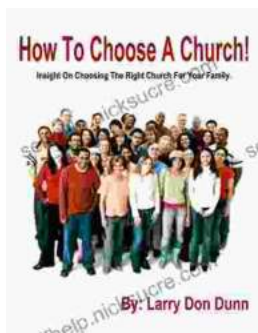
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